Career Resources HW – Conflict Description using T.R.I.P. Model.

I would like to describe a conflict between \* Person A and me that was caused by the different view on how a person’s appearance. To be precise, \* Person A sticked to the opinion that everyone has to strict their appearance according to the existing social standards, norms and stereotypes which is contradictive to my view point. Since \* Person A was acting mean and did not want to listen to any of the arguments I tried to get them, the conflict could not even get solved even though I was respectfully explaining my constructive and rational logic meanwhile. Therefore, it can be stated that I used Collaborating Conflict Model, whereas \* Person A’s “strategy” was more about Competing and Assertiveness. In this case, I wanted to be treated equally, be listened to, for \* Person A to try to look at the topic objectively. As for me, the conflict could be easily solved by applying by \* Person A the same “strategy” as I had, i.e., to reduce the conflict to the point of discussion and simply describe the grounds that base points of views of both sides.

\* Person A – one family member of mine.

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